

Retos Tareas 0 Español (España) Ver el sitio mashud

101662 / Mashud et al. / Aptitud Física: Efectos de la interiorización de un estilo de vida activo mediante un proy [Biblioteca de envío](#)

Flujo de trabajo **Publicación**

Envío **Revisión** Editorial Producción

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▶	381882-1	mashud, Article Page Title.docx	septiembre 6, 2023	Otro
▶	381883-1	mashud, A main document file.docx	septiembre 6, 2023	Texto del artículo
▶	381884-1	mashud, Similarity.pdf	septiembre 6, 2023	Otro

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Comentarios para el editor/a ✕

Participantes [Editar](#)

Mashud (mashud)

Mensajes

Nota	De
<p>Dear Editors,</p> <p>We have sent a manuscript with the title " Physical Fitness: Effects of Active Lifestyle Internalization Through Physical Literacy Awareness Based Project" we hope our manuscript can be considered in the Journal "Retos".</p> <p>Background and Study Aim. Physical fitness is an important indicator of the current and future health status of college students. But in reality, there are still many issues with poor physical fitness. Therefore, this study aims to determine and examine how internalizing an active lifestyle through physical literacy awareness based on project-based learning can improve physical fitness.</p> <p>The manuscript we submitted is in accordance with the Focus and Scope of the Journal "Retos", namely physical education.</p> <p>Thank You</p>	<p>mashud 2023-09-06 03:00</p>

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Ronda 1

Estado de ronda 1
Envío aceptado.

Notificaciones

[Retos] Decisión del editor/a	2023-11-12 09:07
[Retos] Decisión del editor/a	2023-11-13 08:36
[Retos] Decisión del editor/a	2023-11-23 01:03

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391126-1 , 101662-Article Text-383189-1-4-20230906.docx	noviembre 11, 2023
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Revisiones [Buscar](#) [Subir archivo](#)

391191-1 Article Text, B-101662-Article Text-383189-1-4-20230906.docx	noviembre 12, 2023	Texto del artículo
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Discusiones de revisión [Añadir discusión](#)

Nombre	De	Última respuesta	Respuestas	Cerrado
Article progress	mashud 2023-10-16 12:27	-	0	<input type="checkbox"/>
Article progress	mashud 2023-11-12 06:27	-	0	<input type="checkbox"/>

Aptitud Física: Efectos de la interiorización de un estilo de vida a X [Active] 6 of 7

[Retos] Decisión del editor/a ([Challenges] Editor's decision) External Inbox x

recyt@recyt.fecyt.es <recyt@recyt.fecyt.es> Sun, Nov 12, 2023, 4:07 PM

to me, Syamsul, Herita, Y, Ghana, Sunarno, Didi

Spanish → English Show original

Mashud, Syamsul Arifin, Herita Warni, Y Touvan Juni Samodra, Ghana Firsta Yosika, Sunarno Basuki, Didi Suryadi:

We have made a decision about submitting it to Challenges, "Physical Fitness: Effects of Active Lifestyle Internalization Through Physical Literacy Awareness Based Project."

Our decision is: Needs revisions

It will be necessary to make the corrections suggested by the reviewers who have carried out a thorough analysis of your manuscript. I recommend that you read the reviewers' comments carefully and incorporate them into the new version.

Please include a letter indicating the changes made and those that you do not consider appropriate, which you must justify by replying to each reviewer separately in the same file. The new version of your work will be carefully reviewed and, if necessary, sent back to the reviewers. Upload the documents in the Revisions section and in Revision Discussions, send a notification to the editor challengesfeadef@gmail.com. It is VERY IMPORTANT that there is no data from the authors, neither in the new text of the article, nor in the response letter to the reviewers since it will be sent as sent by the authors. Remember, it is a completely blind review, the journal avoids the responsibility of the authors making their names known to the reviewers. Author data is entered in the metadata on the platform, never in Word or PDF format.

Aptitud Física: Efectos de la interiorización de un estilo de vida a X [Active] 6 of 7

Consequently, it is possible that you will be asked for more changes until a version is ready for publication.

We ask you to carry out a bibliographic search in the magazine "Retos. New trends in Physical Education, Sports and Recreation" we believe that there are articles related to your article that can help improve it, therefore, include those references, if any, especially from the last four years, that fit your work. We understand that it is necessary to enhance the visibility of Retos since it is included in the Thomson Reuters Web of Science and Scopus.

Likewise, I wanted to tell you that if possible, do a review of Retos magazine of the articles published in the years 2019, 2020, 2021 and 2022, 2023 numbers 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51. There are many articles that can help you update everything a little. I ask this because we are in the evaluation process to give ourselves an impact factor in JCR and references are key to this, both our own and those made in other journals included in JCR. Furthermore, these two years are the ones that will serve us for the evaluation. I would appreciate this small effort. Likewise, I would also appreciate it if when you send articles to other magazines that are in JCR you include references to Retos.

We understand that, after six months from this notification without a response from you, you do not consider making the suggested modifications, so we would proceed to archive your manuscript.

It is common for manuscripts to present some APA errors. In order to be sure that your manuscript strictly complies with these standards, we ask you to review the APA Standards section in the Guidelines for Authors section; the 20 most frequent errors in an article.

Correct these aspects in your manuscript, as well as any other details you detect, in addition to the observations made by the reviewers.

Once everything is corrected, you must upload the new file, as well as a letter explaining the changes made in response to the reviewers.

It is necessary, in addition to uploading the documents to the platform, to send it to this email: Retosfeadef@gmail.com.

Francisco Ruiz Juan
Challenge Director

Reviewer To:
Recommendation: Publishable with modifications

Relevance of the topic

Excellent

Introduction

Good

Methodology

Good

Results

Good

Discussion

Good

Specific comments (Please clearly indicate the page and line number of the manuscript to which you refer)

- Page 2 lines 49-50: The definition of physical fitness uses theories from reputable articles because there is a lot of research related to physical fitness.
- Page 2 lines 56-57: The narrative about physical activity during childhood is irrelevant to this research topic, and this sentence does not fit with the sentences before and after it.
- Page 2 lines 59: Writing two references for one citation should be combined in one parenthesis, for example (M.&I., 2019; Backmand,)
- Page 2 lines 71-84: Information about previous research should be written in one paragraph
- Page 2 lines 93-94: This statement should be tailored to the age characteristics of the sample; if the research sample is outside the 6-17 age group, then this quote is less relevant.
- Page 2 lines 94-95: This sentence does not connect; please read it again.
- Page 3 lines 103-113: The problem in this research is not well formulated; some literature does not support the disclosure of the problem and the urgency of the research.
- Page 3 lines 125-126: The withdrawal of samples in this study can be made by purposive sampling with the consideration that the samples used as research subjects are only those who complete the training/treatment program.
- Page 4 lines 154: did not find the results of the portfolio instrument in the manuscript.
- Page 4 lines 180-185: Comparison of means between data groups is presented after data analysis (hypothesis testing), not before the data normality test.
- Page 5 lines 195: In the data analysis process, there is no ANOVA test; there is only a Mean calculation, then continued with the Tukey test; it is essential to convey the results of the ANOVA test carried out according to what you wrote in the data analysis section. The Tukey and ANOVA tests are two different things; the Tukey test is a further test of ANOVA.
- Page 5 lines 223-224: This quote has no relevance to the discussion in this study.
- Page 5 lines 245-246: Pay careful attention to any quotations used; do NOT take quotations irrelevant to the research because the sample in the study is not preschool children.
- Page 6 lines 268: Recommendations are too general and vague
- Page 12 lines 508: Images need to be better made, so that they are more informative

[Retos] Decisión del editor/a ([Challenges] Editor's decision)

External

Inbox x



recyt@recyt.fecyt.es <recyt@recyt.fecyt.es>

Mon, Nov 13, 2023, 3:36 PM



to me, Syamsul, Herita, Y, Ghana, Sunarno, Didi

Spanish → English
Show original

Mashud, Syamsul Arifin, Herita Warni, Y Touvan Juni Samodra, Ghana Firsta Yosika, Sunarno Basuki, Didi Suryadi:

We have made a decision about submitting it to Challenges, "Physical Fitness: Effects of Active Lifestyle Internalization Through Physical Literacy Awareness Based Project."

Our decision is: Accept the shipment

As soon as we know the number in which it will be included, we will let you know.

Remember that for the article to be definitively published it is necessary, if it has not already been published, to pay a Publication Fee to cover the associated costs (bank transfer or Bizum): for invoices issued in Spain (200 euros, more 21% VAT, 42 euros), for abroad it will be 225 euros, with the expenses, in both cases, on behalf of the authors. DO NOT INDICATE SHARED EXPENSES since the transfer has a cost both in the country of origin and in Spain when made from abroad. The full name of the first author must always be indicated in the account that will be provided once the article is approved for publication.

For authors who have difficulty in making the transfer in their country of residence, contact the journal's management to find another means that is more convenient for you. It can be PayPal (in this case the income would be 238 euros since it costs 13 euros to carry out the operation) or perhaps TransferWise (or similar) may be the most convenient, it is not indifferent to us, there are the various options that authors usually use. Therefore, it is necessary to contact the magazine to discuss the payment method and to provide you with the information to make the payment.

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Discusiones de corrección [Añadir discusión](#)

Nombre	De	Última respuesta	Respuestas	Cerrado
Corrección para la Edición.	eretros	mashud	1	<input type="checkbox"/>
	2023-11-18 06:27	2023-11-20 07:32		

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Corrección para la Edición. ✕

Participantes

Francisco Ruiz Juan (gestor_retos)
Mashud (mashud)

Mensajes

Nota	De
Acabamos de finalizar una corrección inicial de su manuscrito para Retos. Por favor, identifíquese en el sitio de la revista y responda a las consultas que el/la corrector/a haya insertado en el manuscrito y revise los cambios de corrección propuestos.	eretros
Esta es la última oportunidad que tendrá para hacer cambios sustanciales. Le agradecería que revise pormenorizadamente su artículo. Realice cuantos cambios considere necesarios para que el artículo esté en óptimas condiciones de publicación y posibles cambios tipográficos, revise concienzudamente la ortografía (se aconseja pasar el revisor ortográfico). Es muy importante que revise también el ajuste a las normas APA. Recuerde que una vez maquetado el artículo no se podrá hacer más cambios que los errores tipográficos haya cometido el maquetador en el proceso. Todos los demás cambios tipográficos tendrán un cargo adicional	2023-11-18 06:27

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Añadir discusión

Nombre	De	Última respuesta	Respuestas	Cerrado
Galeradas	produccion_retos 2023-11-28 07:31	-	0	<input type="checkbox"/>
▶ Final improvement	mashud 2023-11-28 10:37	produccion_retos 2023-12-01 04:53	1	<input type="checkbox"/>
Incluir correctamente todos los autores en los metadatos	gestor_retos 2023-12-04 06:07	-	0	<input type="checkbox"/>