

# Facebook Addict Tendency and Parenting Role Distribution



ICMRES  
2018

Yuanita Setyastuti  
Universitas Lambung Mangkurat



# INTRODUCTION

\* the highest Indonesia Internet user composition: 19-34 yo. 48,5 % internet user is women.(APJII,2017)

\*1 of 4 internet user is a mother (female.com)

\*Mother had increasing facebook uses during transition became a parent. (Bartholomew, M.K, et.al, 2012)

Ante-Contreras (2016: 2) various accidents caused by focus disruption because texting messages online, checking Facebook, taking photos on gadgate

→ parents report “only use a mobile phone for only a few seconds : more than 3 minutes .

(Huston & Holmes 2003) : average household duties before parenting is 5.8 a day. After childcare become 36.2 per day. 78.7% : childcare.

→To determine tendency of social media addict and the division of roles in child cares and household work of mother

## -Mothering, Parenting and Role-Sharing-

mothering → one individual nurtures and cares for another. Mothering as a historically and culturally variable relationship than biological (Glen, 2016)



Apparala & Reifman, (2003)  
13 Europe countries :  
fathers and mothers  
household and childcare  
duties. → be more  
egalitarian

Apparala & Reifman, (2003):12. Huston & Holmes  
(2003) : 14

Putri and Lestari  
(2016) javanese:  
Division of  
household role →  
husband in decision  
making , wife in  
financial  
management and  
child care

Qualitative

Interview and  
observation  
on  
respondents  
social media

# Method

## GUIDLINE:

6 comp Sosmed  
addict , the division  
of roles in child  
care (16 role)

\*  
\*9 mother  
\* $\geq 34$  years old  
\* Has litle child  
\*social media  
user

# -RESULT-

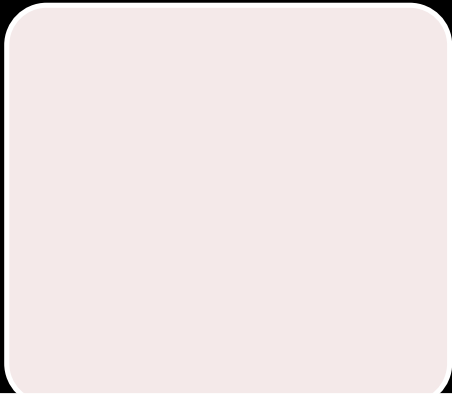
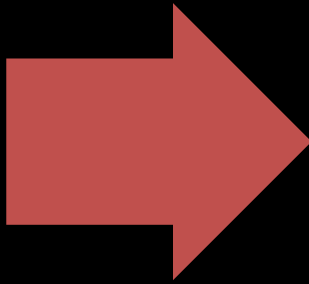
Table 1. Characteristics of The Respondents and Social Media Uses

Re sp	Age	Ethnic	Occupation	child age	Togetherness	Social media exposure	Facebook Addict tendention
T	29	M=Minang F= Batak	Working	3 yo	different city	FB, WhatsApp, Instagram	Mood modification, tolerance, withdrawal, conflict, and relapse
A1	30	M= sunda F= Jawa	Working	1,5 yo	different city	FB, Path, WhatsApp, Instagram, Twitter	Salience, mood modification, tolerance, conflict, and relapse
L	29	M= Jawa F= Banjar	Working	4 yo	same city	FB, Line, WhatsApp, Instagram	Mood modification, tolerance, and relapse
N1	32	M=Banjar F= Banjar	Working	2 yo	different city	FB, Path, WhatsApp, Line, Instagram, BBM, Twitter	Tolerance, and relapse
N2	30	M=Banjar F= Banjar	Working	3 yo	same city	Path, Line, WhatsApp, Instagram, FB, Twitter	Mood modification, tolerance, withdrawal, and relapse
V	34	M= Banjar Jawa, F=Manado Jawa	Working	8 yo, 7 yo	same city	Facebook, Path, WhatsApp, Line	Mood modification, relapse
A2	26	M= Banjar Jawa, F= Jawa	Win home	7 yo, 3 yo	same city	FB, Path, WhatsApp, Instagram, Twitter	Mood modification, tolerance, withdrawal, relapse
S	34	M= Sunda F= Sunda	Working	7 yo	same city	FB, Path, WhatsApp, Instagram, Twitter	Mood modification, tolerance, withdrawal, and relapse
R	34	M=Betawi F= Kendari	-	5 yo	same city	WhatsApp, BBM, FB, Instagram, Twitter	Mood modification, and tolerance

**Table 2. Role Distribution in Child Care**

Resp	Mothers Majority	Together	Fathers Majority
T	Play together, going out with children, change diapers and bathe, feed, buy toys, giving money, put children to sleep, planning activities, getting up, reading stories, shuttle (11)	Establish rules and give punishment , oing out with children, bring to the doctor (3)	Bring to the doctor, answer important question (2)
A1	-	All roles are performed together	-
L	Play together, change diapers and bath, pick and dress, help learn and go to parent meetings, feeding, establish rules and punishing, putting children to sleep, answering important questions, planning activities, getting up, reading stories (9)	going out with children, bring to the doctor, buy toys, giving money (4)	shuttle children (1)
N1	feeding , Putting the child to sleep (2)	Playing with children, Changing diapers, Choosing and dressing, Bringing doctors, Helping home study and going to parent's meetings, Buying toys, giving punishments, Answering important questions, planning activities, getting up late, reading stories(11)	Going out with children, giving money, shuttle (3)
N2	Changing diapers, Choosing and dressing, Helping study and going to parent meetings, feeding, Answering important questions .. (5)	Playing with children, going out with chid, Bringing to the doctor, Buying toys, Providing allowance, Providing punishment, Putting children to bed, shuttle, planning activities, getting up late (10)	Reading stories. (1)
V	Changing diapers, Choosing and dressing, feeding, Providing pocket money, Putting children to sleep, picking up, waking up Evening (7)	Going out with children, Taking to a doctor, Helping home study and going to parents meeting, Buying toys, Giving punishment, planning activities. (6)	Playing, Answering important questions, reading stories (3)
A2	All roles done by mother (16)	-	-
S	Almost all roles done by mother (15)	Bring to the doctor (1)	-
F	Almost all roles done by father (2)	Bring to the doctor (2)	-

**Table 3. Role Distribution of Household Work Before and After Has Children**

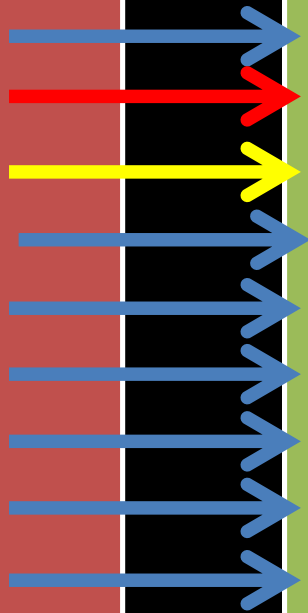


**Before**

- T : Done together
- A1: Done jointly
- L : Estimate 70 % by mother
- N1: Estimate 60 % by mother
- N2: Fully mother
- V : Estimate 75% by mother
- A2: All done by mother
- S : All done by mother
- R : Almost all done ny mother

**After**

- T : Done together
- A1: More father proportion
- L : father help go laundry
- N1: Estimate 60 % by mother
- N2: Fully mother, help by asistant
- V : Estimate 75% by mother
- A2: All done by mother
- S : All done by mother
- R : Almost all done ny mother



## **E. Role-Sharing Charts in Child Care**

### **Majority done by Mrs**

Feeding (8)  
 Changing diapers and bathing (7)  
 Choosing and wearing clothes (7)  
 Put the child to sleep (7)  
 Help study and go to parents' meeting (6)  
 Wake up night (6)  
 Playing together (5)  
 Giving pocket money (5)  
 Planning child activities (5)  
 Reading stories (5)

Walking children (4)  
 Buying Toys (4)  
 Establish rules and punish (4)  
 Answering important questions (4)  
 Shuttle (3)  
 Bring to the doctor (2)

### **Done Together**

Bringing to the doctor (6)  
 Establish rules and punish (5)  
 Buying Toys (5)

Walking children (4)  
 Planning child activities (4)  
 Answering important questions (3)  
 Shuttle (3)  
 Giving out allowance (3)  
 Wake up Night (3)  
 Playing Together (3)  
 Helps learn and goes to parent meetings (3)  
 Reading stories (2)  
 put the child to sleep (2)  
 Choosing and wearing clothes (2)  
 Changing diapers and bathing (2)  
 Feeding (1)

### **Majority done by Father**

Shuttle (3)  
 Answering important questions (2)  
 Reading stories (2)  
 Invite street children (1)  
 Bring to a doctor (1)  
 Provide allowance (1)  
 Playing together (1)

Chart 1. Division of parenting role based on the answers of 9 (nine) respondents



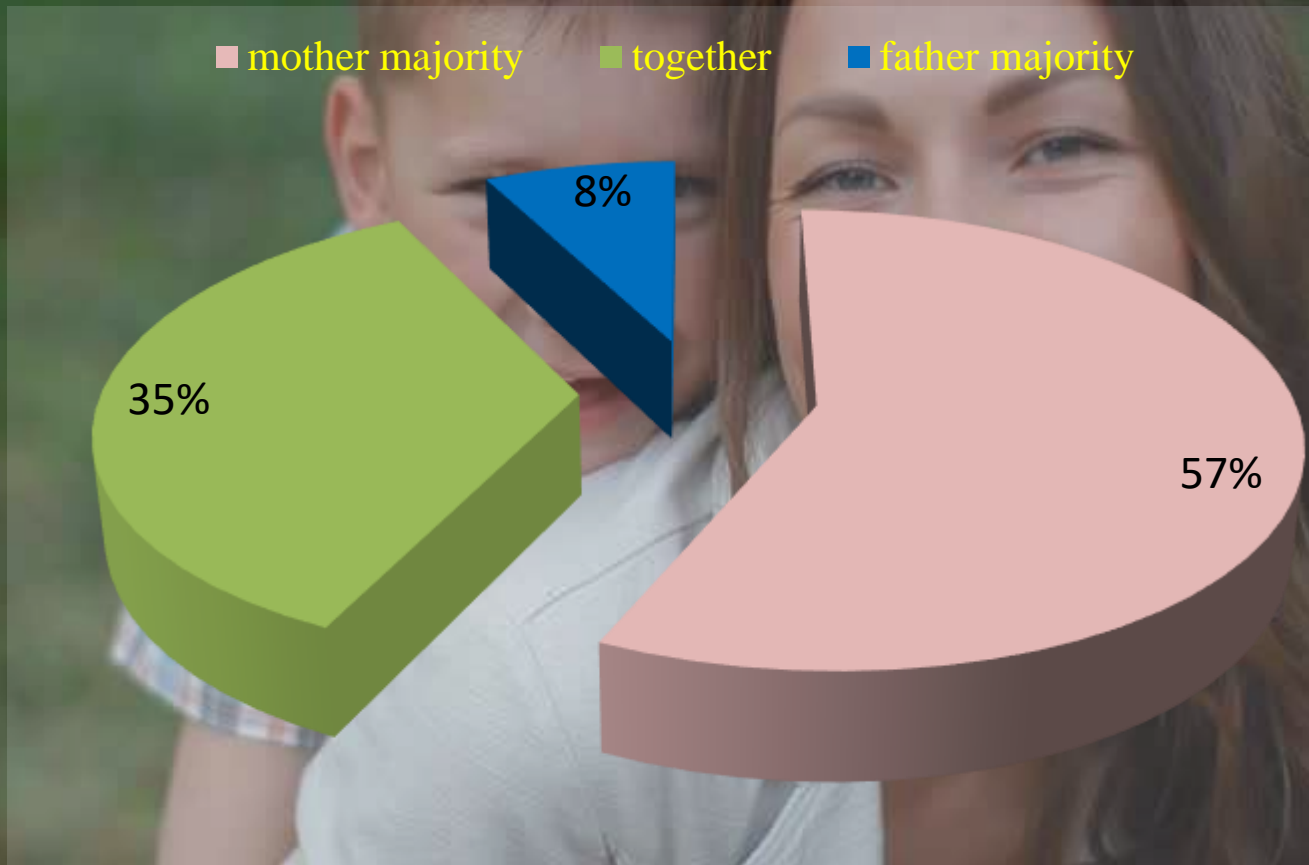
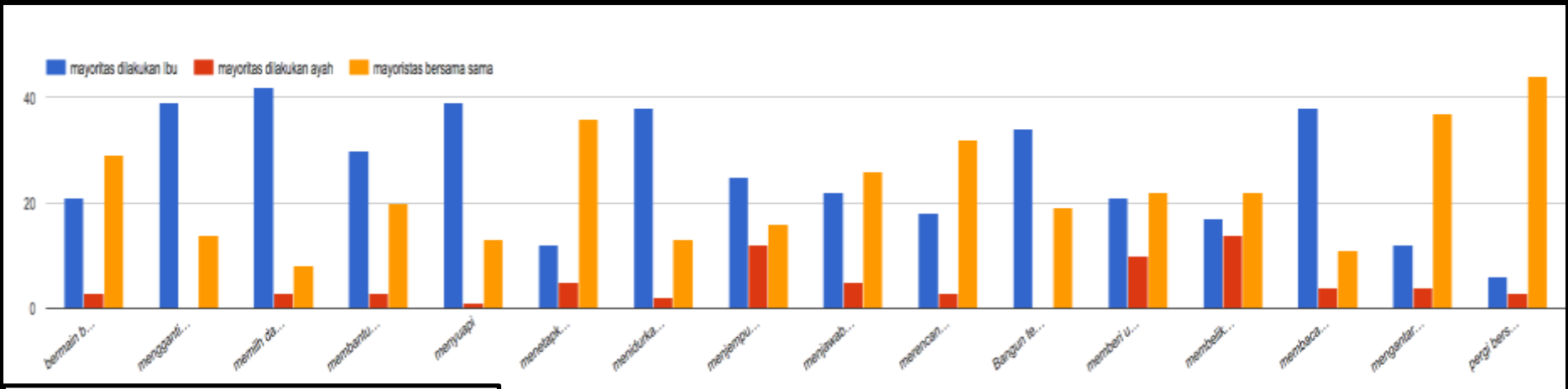


Chart 2. Pie chart of the frequency of role sharing in household care



49%, 43%, 8%

Chart 3. distribution of parenting task (100 resp)

Husband involvement housetask 3.07 → 3,20

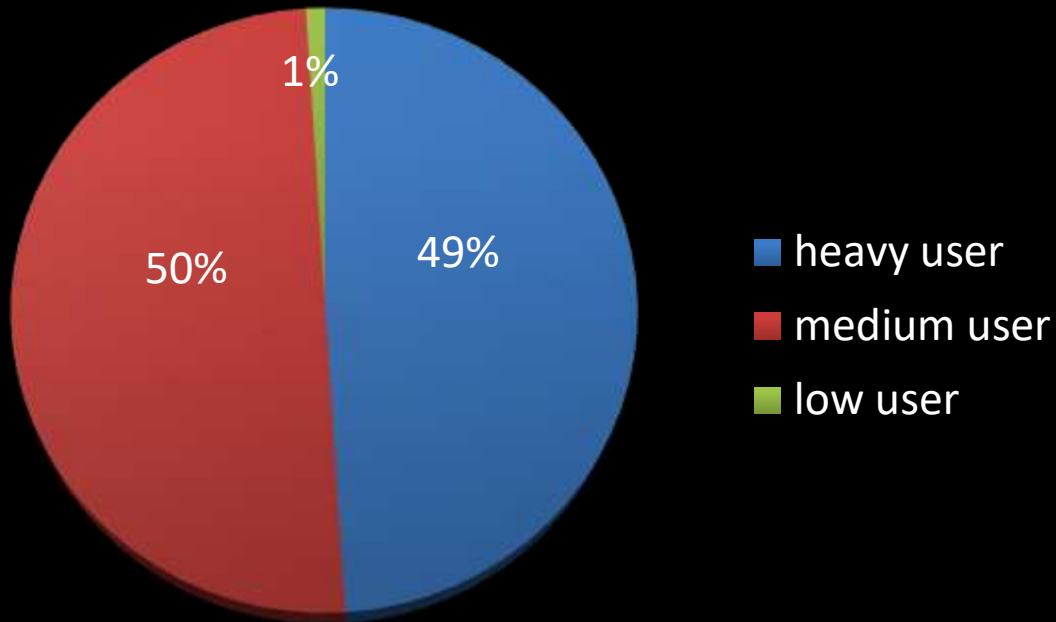


Chart 4. level of uses (100 resp)

Table 4. level of addiction (100 resp)

ADDICTION	saliance	mood modification	tolerance	withdr awal	relapse	conflict
LEVEL	moderate	high	moderate	high	high	high

# ANALYSIS

Almost all of routine task done by mother.

(Huston and Holmes 2003 )routine task 80% mother responsible. overloaded mother.

Even not in routine task, child need to close to dad. → Dad is the foundation of intellectual ability, problem-solving skills, child's cognitive problem (Nakita in (Abdullah 2010)



Co-parenting 35% contributed responden A1, N1, N2.

majority of the childcare  
role is performed by the  
mother.

Most of mom experience  
not more than 5  
componen sosmed addict

## Conclution

majority of the house hold  
work role is also performed  
by Mother.

Social media activity could  
impact on the quantity of  
family communication,

no change between before  
and after having children.



THANK YOU....



# CERTIFICATE OF BEST PRESENTATION



This certificate is awarded to

**Yuanita Setyastuti**

For the manuscript entitled

*"Facebook Addict Tendency of Housewife with toddler"*

Was declared as the **BEST PRESENTATION** Presented at  
International Conference and Global Forum on Multidisciplinary Research towards Social Value  
Creation (ICMRES)

October 29-30, 2018

Hotel Grand Chancellor  
Melbourne, Australia

Dr. Hendrati Dwi Mulyaningsih  
Co-Conference Chair